



The flow of thoughts...

MELUHA'S IN-HOUSE MAGAZINE

APRIL-MAY 2023





Project Coordinator

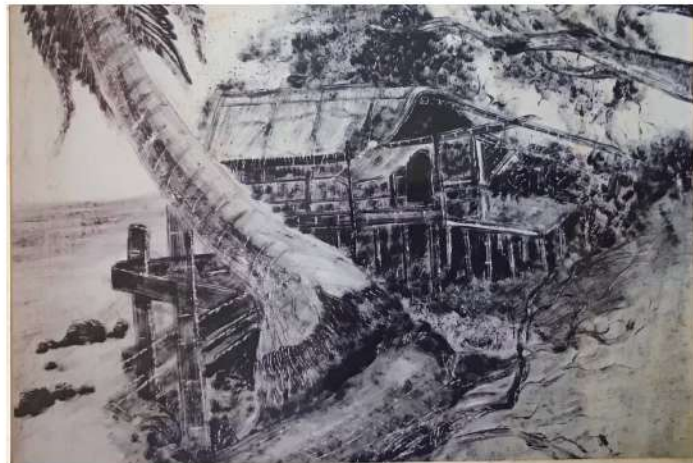
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JARAWAS

T Yogeshwar Rao

The Jarawas are indigenous people of the Andaman Islands in India, with a population of 250-400. They have limited contact with outsiders but have increasingly interacted since the 1990s. They are recognized as a Scheduled Tribe in India and have inhabited the islands for thousands of years. The Jarawas believe they split from the now-extinct Jangil tribe. The Jangil tribe was presumed extinct by 1931.



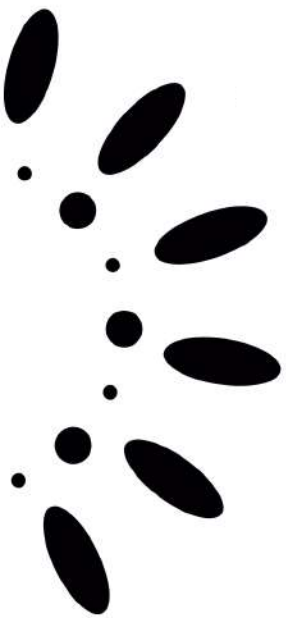
The more social media we have the more we think we are connecting yet we are really disconnecting from each other...



The great growling engine of change.



The Soldier above all others prays for peace, for it is the soldier who must suffer and bear the deepest wounds and scars of the war





MANDALA ART

SHAMITA REDDY (XI-F)

Mandala is a beautiful form of art. In the ancient Sanskrit language, mandala means 'circle'. In this form of art geometrical shapes and patterns are arranged in a elegant manner. It was originated in India in the 8th-12th century. They are now practiced in Tibetan Buddhism. Shamita Reddy of XI-F has used mandala art to create these beautiful art works.





Likhitha XI-Commerce

The IPL- Indian Premier League, has been a fascinating league this year. Every match had a nail-biting finish with some extraordinary talents getting discovered... This year we saw matches with extreme last-over chases and chasing more than 200 runs. On the other hand, our awe-some players could defend low scores like 135.

As the season started, almost all teams have shown some amazing performances such as good spin variations and deceiving batsmen easily and pace variations and executed perfectly and lifting the stumps of with the sound

“howzzz THAT!!!!~”

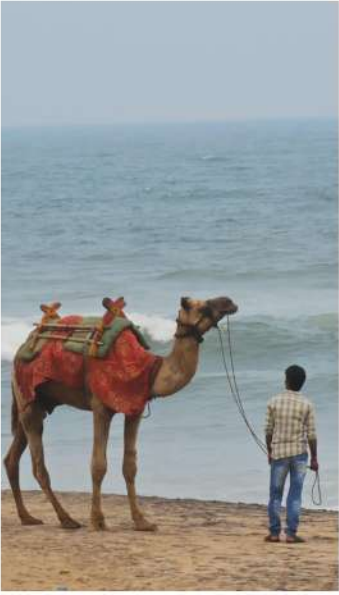
echoing through out the stadium

After almost all the teams played 7 matches, DC and SRH were lacking behind points... After a sensational 74 matches, only 4 teams could make it to the play-off Which were GT, MI, CSK, CSK...

In the finals, GT and CSK played an intense match. Although it was interrupted by rain a few times, CSK pulled off to a close win against GT. Both teams, in fact, all the teams gave their 100 percent this year.

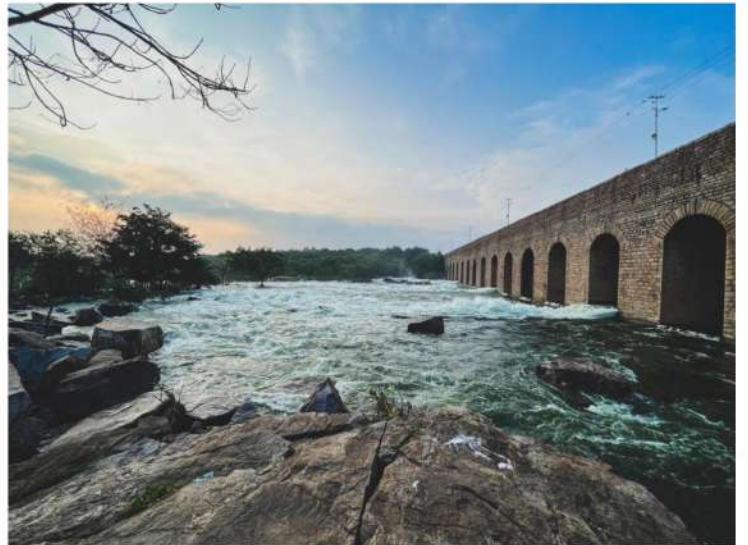
After all,

Cricket is not just a game but an emotion...



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-PHOTOGRAPHS BY SRIYA GAYATHRI (XII-B),
AMITESH (XII-D), MAURYA SIR

APRIL



MAY

METHODS TO PRIORITISE LIFE FOR ACADEMIC SUCCESS

-- Ms. Yasmeen (School Counsellor)

There is a universal problem that there is never enough time to do the number of things that you want to accomplish. When conversing with students there seems to be a lot of overlap between what students want vs what they need like eating, sleeping, going to class, studying, showing up for work, taking time for themselves, exercising and socialising. Prioritising becomes quite helpful at this point. In this piece, I have explored how to prioritise your life for academic success and how to lead a happier life.

Set SMART goals

SMART goals are a system for growth with focus. It requires goals to be:

S - specific (well defined)

M -- measurable (meaningful & motivating)

A - achievable (attainable)

R - realistic (relevant)

T - time bound (deadline)

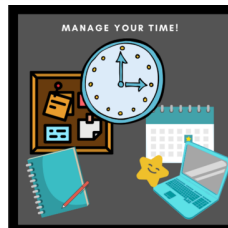
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Managing your time

Time management is all about finding the right balance between college life, homework, and your leisure time. According to a study conducted by Harvard Business school, the 3 'A's' are cardinal for managing time. They are:

- Awareness
- Arrangement
- Adaptation



No upward comparisons

The technical term for "comparing yourself to others" is known as upward comparison. This means comparing ourselves to someone we perceive to be better off or more proficient than ourselves. This is especially rampant among school going teenagers as the academic journey can frustrate students for not being 'good enough' which leads to self-criticism. The whole structure of society is continuously comparing and most educational systems depend on comparison like ranks and marks. Students often forget that everyone is unique and there is nobody else like them.

Analyse mistakes

The good part of life is learning from mistakes by analysing and gaining valuable insight. Mistakes are considered as our greatest teachers in life. Irrespective of the size (big or small) of your error, acknowledging them as mistakes and viewing them as opportunities helps you learn and move forward with newly found wisdom.



Plan

Without appropriate planning and scheduling, a student's life can be hectic and stressful akin to how without a map, the destination in mind cannot be reached. This important method simply involves designing your day, organising tasks like doing homework/assignment, or even meeting a friend. Eliminating distractions and reflecting regularly can also help boost productivity.

Visualise the results

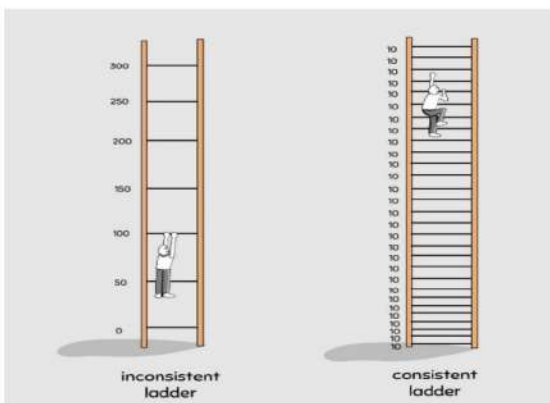
Imagination is the key to positive thinking. It can uplift one's self-confidence and performance thereby helping you take steps toward success. Visualising your future gives a pathway to success.

Identify your strengths and weakness

As a student, you must be aware of your strengths and weaknesses. This method of prioritising 'the self' can improve abilities and give a clear direction in decision making. It also helps in understanding one's personality and attitude toward life.

Avoid procrastination

Your capacity to focus may decline due to delaying behaviour that can cause chronic stress. It reduces one's well-being. Whether you procrastinate by "Netflixing", gaming, internet shopping, resting, or cleaning, students should learn ways to anti-procrastinate for healthy time management. Some tips to anti-procrastinate include breaking long tasks into tiny ones, setting deadlines, and letting go of perfectionism.



Set deadlines

Deadlines help students to set expectations. It also gives control over time/tasks. Moreover, tracking progress is simply meeting deadlines.

Celebrate even the smallest wins

Treat yourself often. Rewards are a necessity in academic journeys that fuel satisfaction, determination and focus. It can be as simple as self-gifting to going to your favourite café.'



Seek help

The academic journey is undoubtedly frustrating. You may expect situations that challenge your physical and mental health. And so, at times students become hesitant or afraid to ask for help. Seeking assistance from peers, parents, teachers or mentors improves social skills.

Distract the distractions

In the process of prioritisation, you will see a lot of distractions that get in the way of accomplishing what you really want. It can be your feelings and emotions that become a barrier in flourishing in your academics. By practising emotional management, giving importance to to-do lists, you can develop mental focus and filter disturbances and distractions that come your way. Reflect on your progress Keeping a track on development highlights your achievements which in turn motivates you to do better, improve and grow. Reflect on the questions like did you do well?

travelouge

KASHMIR

Paradise on earth, that's what they call it. ... (chetana XII-B)



Kashmir is not your ordinary escapade.

It is, after all, known as the Heaven on Earth. It is unique in every sense of the word, its weather, landscape, lakes, culture, cuisine, people and more are some of the finest the country.

i went in there for few days and fell in love with it . it was the best experience of my life and i look forward to visit there again



poetry corner

SKY

sudhanva susarla

Your ubiquitous presence;
explicit, exquisite,
has brought in an essence;
a vivacious visit.
Quite taciturn you are,
a silent spectator,
why the silence, O' graceful
protector.

Many are your friends, who'd
rather speak for you,
they'd speak too much or too
little, still rather too askew.

Eons have passed, you being the
eternal witness,
such joie de vivre you provide;
I salute thee, O' limitless.

-SUDHANVA SUSARLA (XII-E)

వెలది పసిండి పచ్చడము, వెన్నెల తేనియ డాల్కొరంగ వి
చ్చలవిడిగా ఘనాఘన నిషణ్ణ తమఃపటలంబు ద్రోలి, చెం
గలువముకున్ గగుర్పొడవ క్రమకరుండు సుధాశ్రవంతితో
చిలుగు వెలుంగులంగురియ చిమ్మెను చీకటి భూతలంబునన్



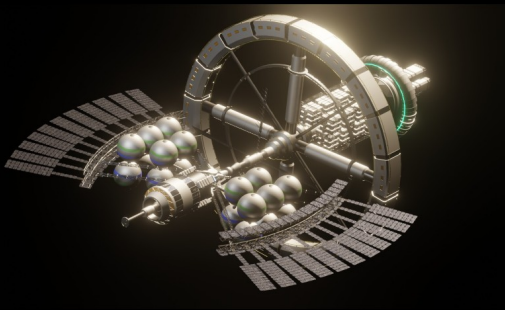
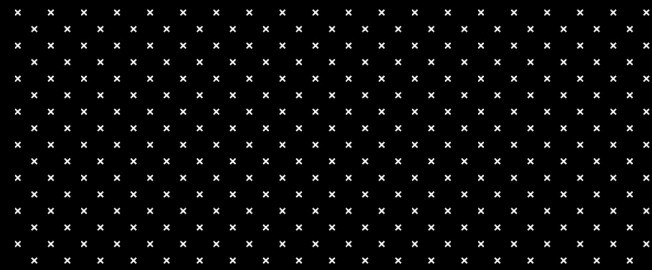
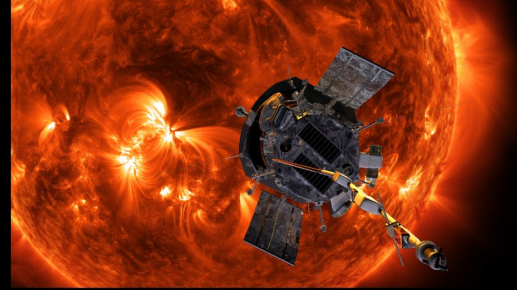
TRANSLATION:

The moon, enemy of the darkness; a serene, white garment
with a honeyed-hue, decorating the sky.

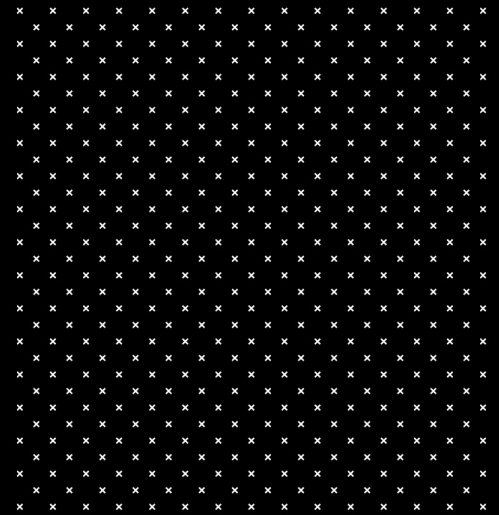
Carefree, it has taken over and wiped off the previous garment of
darkness that was sitting atop the clouds, whilst beaming with fine,
nectar like rays that tickle the red water lilies; with poise, it illuminates the
earthly realm.

INTERSTELLAR TRAVEL

A rifle bullet moves at about 1,700 miles an hour. That's fast, but NASA's newly launched Parker Solar Probe will go more than 250 times faster than that near the end of its seven-year mission to explore the sun — and become the fastest human-made object ever. But, even that takes 6550 years to reach the nearest Star System, Alpha Centauri.

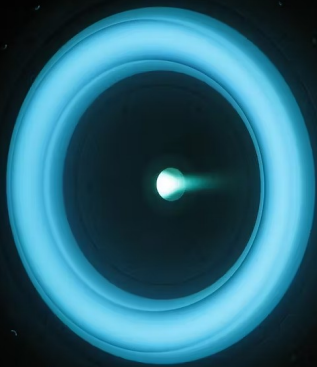


So, we need to create very long term habitats to sustain ourselves for such a journey, but contrary to popular belief humans cannot hibernate in hyper-futuristic pods. We would need a large number of highly intelligent humans who can sustain and reproduce better versions of themselves.

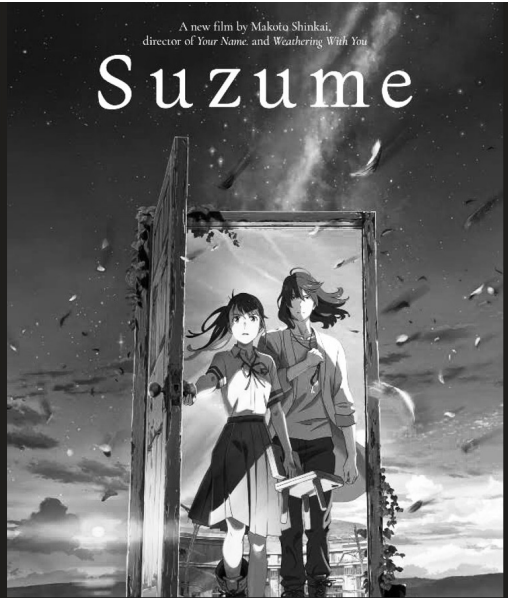


INTERSTELLAR TRAVEL

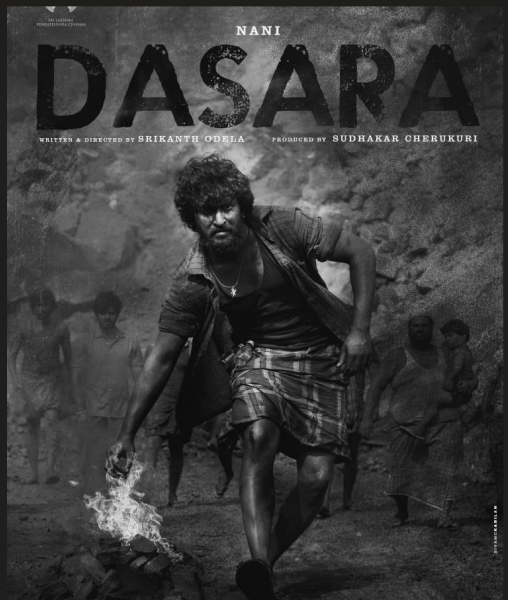
Another such huge drawback is humans long term exposure to microgravity, we would need to create a source of artificial gravity, our current solution to this problem is build huge rings and rotate them on an axis to a considerable amount of centrifugal force, which can technically simulate gravity.



Ionic engines are the star-studded breakthrough in this field, they can exponentially increase the velocity of the spacecraft, and with the use of gravity assist potentially unlock the territory of Interstellar travel. It's only a period of time before humans become interstellar species.



Suzume is an uncommon film, for it represents complete technical mastery, and a daring, bold artistry in trying to imbue a fantasy film with deep meaning. While it succeeds on the technical front, Suzume might be biting off more than it can chew in the handling of its story



Dasara is a high adrenaline action, revenge drama that is set in the backdrop of singareni coal mines. The movie, the characters and dialogues are all out and out Telangana.

This is Nani's one of the best performance in his career. Watch it for Nani.



If it wasn't already obvious in the first film, it's now officially clear as day that the people behind the Spider-Verse franchise who are absolute creative godsend understand EXACTLY what they're working with. This is no ordinary sequel. It's art of the highest form.



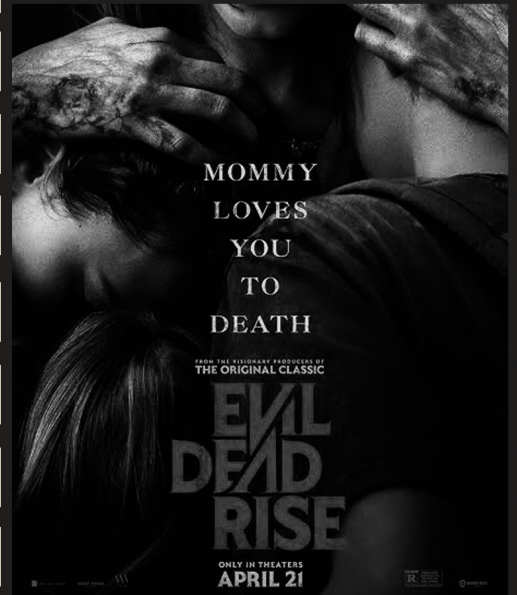
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Adapting a book to screenplay is never a easy task, especially if the book spans across multiple parts. Maniratnam has done his best to achieve both but at some times we are left wondered if he should have made it a trilogy rather than a duology. At times it felt like there was a lot happening that could have been expanded into a 3rd movie.



Having sat through some phase 4 films that failed to inspire... Guardians feels like a breath of fresh air. It's less a run of the mill superhero film and more a out of world space adventure handled with care by James Gunn.



After all the hype, the rave reviews, the revealing trailers, and the silly reaction videos (God, how I hate those), Evil Dead Rise turns out to be exactly what I expected: a serviceable sequel, nothing more, nothing less. Like the remake before it, it delivers on the gore, but is lacking in originality and likeable characters.



HOUSE SYSTEM



The students at the school are divided into four houses by the name of VYOMA(BLUE HOUSE), VAYU(YELLOW HOUSE), VARUDHA(RED HOUSE), and VASUDHA(GREEN HOUSE)

to facilitate planning and monitoring of all the co-curricular and extra-curricular activities and to promote the spirit of competition. House Points are awarded by staff and can be given out for a number of reasons.



Competitions/Events:

House Points are awarded to any competitors of competitions and events throughout the year, in all subject areas. Any event that ends with the students being ranked, such as sports competitions, will be judged as follows, unless otherwise stated:

1st Place: 100 House Points

2nd Place: 75 House Points

3rd Place: 50 House Points

4th Place: 25 House Points

All Competitors (non-sport events): 5 Points



Single House Points are awarded on a daily basis and can be given to any student who delivers exceptional work and/or effort and contributes a great deal to the school community. The term 'exceptional' is important here as House Points should only be awarded to someone who has gone above and beyond what was expected of them. Staff should use their own judgement and experience to judge whether students have given enough to warrant a House Point.



Rohith XII BIE

mit Liebe- Farewell 2023

The graduation ceremony was a grand culmination of our academic journey , filled with a sense of accomplishment and bittersweet farewells .The atmosphere was electric as students, beaming with pride ,gathered to celebrate their achievements. The farewell ceremony, held alongside the graduation, provided a nostalgic moment to bid adieu to cherished memories and lifelong friendships .





The lamp lighting ceremony added a touch of reverence and symbolism, illuminating the path ahead for each graduate. The vibrant photo booths were a delightful addition, adorned with props and backgrounds, capturing joyous snapshots of laughter and camaraderie. The chief guest Mr. Gautham Reddy's speech was a source of inspiration, as his words resonated with wisdom and encouragement, urging us to embrace our potential and pursue our dreams.



The dance performances brought energy and vibrancy to the event, creating moments of joy and celebration, whether it was a classical performance, a contemporary piece, or a group dance, the dancers enthralled everyone present, leaving a lasting impression of talent and creativity. The graduation and farewell ceremonies were not only a feast for the eyes but also a treat for the taste buds. Delectable food was served, tantalizing the attendees with a wide array of flavours and culinary delights.



PERFECT!

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The seniors who were leaving felt a whirlwind of emotions -a mix of nostalgia, gratitude, and anticipation for what lay beyond. They exchanged heartfelt hugs and shared memories, knowing that they were leaving behind a legacy and paving the way for the juniors who were just beginning their journey. And for the juniors, they looked up to their seniors with admiration, eagerly anticipating their turn to step into the spotlight and carry forward the torch of excellence. Overall , the ceremony was a collective experience that brought the entire school community together, uniting them in a shared celebration of achievements, farewells and new beginnings.



According to Mr. Saibu, a teacher from the graduating class, the farewell event was a remarkable celebration that truly captured the essence of the students' growth and achievements. He was deeply moved by the heartfelt speeches and performances, which showcased their dedication and hard work. Mrs. Anuradha, a parent in attendance, commended the event for its outstanding organization and its reflection of the school's commitment to nurturing well-rounded individuals. Mr. Venugopal, another parent, also expressed his appreciation for the perfect blend of celebration and reflection during the farewell. Shiva Rama Krishna, a student from the graduating class, shared his heartfelt review, recounting the cherished memories and friendships that were honored during the event. The students' collective journey and growth were celebrated, creating a memorable and meaningful experience for both students and their families. The students' collective journey and growth were celebrated, creating a memorable and meaningful experience for both students and their families. The farewell event surpassed all expectations, leaving a lasting impact on everyone involved.



Opening doors to Endless Possibilities



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Adjacent to Central Forensic Lab, Near VIF College of Engineering & Technology,
Osman Sagar X Roads, Aziz Nagar, Gandipet, Hyderabad - 500075, Telangana.


PIONEERS OF EDUCATION

www.meluhaedu.com

A low-angle photograph of a modern school building with a white facade and yellow accents. The building features a large glass window and a sign that reads "Meluha" in green letters. The sky is blue with white clouds. In the background, there are trees and a few people walking.

Meluha

 MeluhaSchool

 Meluha_school

 meluha_international_school